



REQUEST ADMINISTRATOR STATUS



Administrator



Users

Someone must be the registered administrator for your practice. Email and ask for a Dimensions username: child.dimensions@covwarkpt.nhs.uk You will get a Dimensions email asking you to set your own password then you will be able to use Dimensions immediately. The administrator will add their colleagues to the portal for their practice. Then a GP can log in and rate a young person's difficulties.

How to use Dimensions

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A rating can be of one or more Dimensions. Just click NEXT for any that are not relevant to the consultation. OR ask carers to use Dimensions at home and bring the report to discuss. If you enter their ratings you will see the assessment and interventions available (they cannot view these on the public version).

3



A REPORT APPEARS AFTER THE RATING

It includes charts and the selected rating and links to flyers for assessments, interventions and self-care advice. Click the links to view these. The report will be emailed to you automatically but you can save the PDF from the screen.

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INFORMATION FLYERS

Self-care flyers include helplines, videos, apps, websites & books. Assessment and intervention flyers for NHS services explain what to expect, including objectives, time commitment, and number of sessions.



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REFERRALS

If an assessment or intervention in the NHS is suggested in the report, please make a referral using the usual forms on the RISE website. Attach the Dimensions report so we can make a clinical decision about the referral. Flyers for other interventions and local support groups will be added as we become aware of them. For referrals outside the NHS, follow instructions on the flyers.