



Coventry and Warwickshire
Integrated Care System

Warwickshire Health Services - Child

Listed below are health services in Warwickshire.

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Coventry and Warwickshire Rise

Coventry and Warwickshire Rise are a family of NHS-led services providing emotional wellbeing and mental health support for children and young people. It is comprised of several different specialist services, including the Neurodevelopmental Team. More information about Rise can be found on its webpage.

☛ What is Rise cwrise.com/what-is-rise.

No matter why or how you access Rise, the team wants you to receive the right support at the right time, and the Rise Navigation Hub helps you to navigate the numerous services. To find out how the different Rise services can support you, visit the Rise website below.

If you have any queries regarding referrals, please contact the Navigation Hub anytime Monday to Friday between 8.00am to 6.00pm

☛ 0300 200 2021

☛ www.cwrise.com

If a child or young person is experiencing significant emotional or mental distress, call:

☛ 111 and select the mental health option

Rise Services

You may need to access one of these services at various points during your child's journey.

☛ Dimensions cwrise.com/dimensions-tool

☛ Mental Health in Schools Teams cwrise.com/mhst

☛ Primary Mental Health Teams cwrise.com/primary-mental-health

☛ Targeted Emotional & Mental Health Support cwrise.com/compass-shine

- ☒ Looked After Children (LAC) cwrise.com/lac
- ☒ Youth Justice Service www.warwickshire.gov.uk/youthjustice
- ☒ Specialist Mental Health Services cwrise.com/what-is-camhs
- ☒ Eating conditions cwrise.com/eating-disorders-children
- ☒ Neurodevelopmental Service (conditions such as autism and Attention Deficit Disorder) cwrise.com/neurodevelopment-service
- ☒ Crisis and Home Treatment Team cwrise.com/crisis-and-home-treatment-team

Neurodevelopmental Service Preschools and School ages

Coventry and Warwickshire Neurodevelopmental Service (conditions such as autism and attention deficit disorder) is a service for children, young people and adults requiring specialist support.

- ☒ cwrise.com/neurodevelopment-service

Neurodevelopmental Services FAQs

Coventry and Warwickshire Neurodevelopmental Service is a service for children, young people and adults requiring specialist support. Look at our frequently asked questions for more information about the assessment process.

- ☒ cwrise.com/neurodevelopment

School Aged Neurodevelopmental Service up to 18

The school-Age Neurodevelopmental Team work closely with the Rise colleagues, including Core Specialist Mental Health. They provide assessments for a diagnosis of autism and/or attention deficit conditions or developmental coordination disorder as an additional diagnosis. The team includes speech and language therapists, occupational therapists and psychologists, they also have strong links with paediatricians and psychiatrists.

Most children and young people may not see all of the professionals, but the team may seek advice from their colleagues to help give the best advice. The team members have a high level of training, expertise, and experience in autism and ADHD, and they try to help children, young people, and their parents understand and learn how to support their child.

- 📞 North Warwickshire – 02476 641 799
- 📞 South Warwickshire – 01789 339570
- 📞 Rugby – 01788 513733
- ✉ Warks.NeuroTeam@covwarkpt.nhs.uk
- ☒ What your assessment will look like cwrise.com/your-autism-assessment
- ☒ Recommended resources cwrise.com/parent-and-carer-resources

School age referrals

Referrals are accepted from any professional working with a school aged child, supported by signed consent from the parent. See the Rise website for more information on how to refer to the Neurodevelopmental Service.

- ☒ How to Refer to the Neurodevelopmental Service cwrise.com/how-to-refer-to-neurodevelopment

Coventry Neurodevelopmental Preschool Service

Assessment always includes information from different professionals. The professionals involved will depend on your child's needs, but support is always led by one person. Your child's assessment will include:

- A medical check
- A detailed developmental history
- Information about their behaviour, interactions, skills, and development in all environments including home and nursery.
- Observations of their play and interactions (this could be via a virtual platform or face-to-face)

Further assessment maybe required which could be:

- Autism Diagnostic Observation Schedule - an assessment tool carried out in a clinic setting

Referrals and Assessment

Referrals can be made by any professional working with a child when supported by signed consent from the parent. Information will be requested regarding any services your child is currently accessing. If you are concerned your child might have autism, then speak to your child's Health Visitor.

✉ cwrise.com/how-to-refer-to-neurodevelopment

Preschool Pre-Assessment

A telephone appointment clinic service is available while waiting for assessment. You can discuss specific developmental and behavioural concerns with a Neurodevelopmental Practitioner who will give advice and suggest strategies on a 1:1 basis.

📞 0300 303 1255

✉ WarwickshirePreschool.AutismService@covwarkpt.nhs.uk

Preschool Post Assessment

The Neurodevelopmental Team's pre-school videos session videos will help you understand more about autism and how it may affect your child's day-to-day experiences. There are four videos for you to watch.

- ▶ Understanding autism youtu.be/TPPWxPWXPSc
- ▶ The diagnosis and communication youtu.be/AUjVrZOEO2I
- ▶ The diagnosis and emotional regulation youtu.be/ZbPgwmUeXZ4
- ▶ Understanding your child's sensory needs youtu.be/Eh6v5kCapaE

Dimensions of Health and Wellbeing

The Dimensions of Health and Wellbeing is a free accessible online tool that provides a personalised profile and information to support adults, children and young people in Coventry and Warwickshire. You can rate yourself or another person using the Dimensions, to create a profile which can highlight a person's areas of strength and areas where they may benefit from support. It provides trusted information about, local services, national support and resources such as videos, apps and books.

✉ dimensions.covwarkpt.nhs.uk

Rise Core Specialist Mental Health (Ages 4-17)

Rise's Core Specialist Mental Health Services can help your child if they:

- feel sad or like they don't want to be here any more
- have problems with family, friends, or at school
- hurt themselves or want to hurt themselves
- feel anxious and scared
- have problems with eating and food
- have trouble talking or sleeping
- hear voices or see things
- feel angry or are struggling to control their behaviour or temper
- find it hard to concentrate or get on with friends
- have to check or repeat things, or worry about germs
- don't like themselves or have low self-confidence

Referrals are accepted for children and young people from professionals who are involved with or working with the young person and/or family, e.g., GPs, schools, social care, school nurses, and health visitors.

If you have any queries regarding referrals, please contact the Navigation Hub anytime Monday to Friday between 8.00am to 6.00pm.

📞 0300 200 2021

✉ Specialist Mental Health cwrise.com/what-is-camhs

Rise Crisis and Home Treatment Team

The Rise Crisis and Home Treatment team (Coventry & Warwickshire Partnership NHS Trust) provides multi-disciplinary support to children and young people (under 18 years) who are in a mental health crisis. They assess those who are:

- an immediate and significant risk to others, due to their mental health
- being considered for admission to a mental health inpatient unit
- at risk of immediate and significant self-harm
- in acute psychological or emotional distress that is causing them to not be able to go about their daily activities, such as going to school and looking after themselves.

📞 024 7664 1799

✉ Crisis and Home Treatment Team cwrise.com/crisis-and-home-treatment-team

If a child or young person is experiencing significant emotional or mental distress, call:

📞 111 and select the mental health option

Health Visiting (Ages 0-4)

Health visitors work to improve the health and wellbeing of children and families in the crucial first years of life up until a child starts school. They deliver the Healthy Child programme for preschool children, offering friendly support and advice through working closely with GPs, midwives, school nurses, and the wider local community. The service is universal to all children and families, with a wider service to those with additional needs.

✉ healthforunder5s.co.uk/warwickshire

Chat Health

If you are the parent or carer of a pre-school child, or an expectant parent (28 weeks and over), you can text a health visitor Monday to Friday from 9am to 5pm.

- 07520 615293

School Nursing (Ages 4-19)

School nursing supports school age children, young people, and their families. They deliver the Healthy Child programme (for ages 4-19), working to identify and meet the health and wellbeing needs of the school age population, and encouraging them to take responsibility for their own health and adopt a healthy lifestyle. Parents can call the school nurses to discuss any child health concerns they may have. Young people aged 11-19 can use ChatHealth to send confidential text messages to school nurses who will provide impartial advice and support.

- 📞 0300 245 204
- 07520 619 376
- ✉️ connectforhealth@compass-uk.org
- 🌐 www.compass-uk.org/services/c4h

Chat Health

You can text a school nurse from your mobile phone. ChatHealth, the school nurse messaging service, is confidential and available Monday to Friday from 9am to 5pm.

- Parents/carers: 07520 619 376
- Young people aged 11-18: 07507 331 525

Coventry, Warwickshire and Solihull Talking Therapies (Ages 16+)

The Talking Therapies Service offers free, evidence-based therapy for a range of mental health problems in Coventry, Solihull and Warwickshire. They see people who are aged 16 and over, registered with a Coventry, Warwickshire or Solihull GP and who are not currently being seen by another mental health team. You can refer yourself online through their website. They also have lots of useful resources on their website. Their telephone and referral centre are open Monday -Friday, 9am - 4.30pm

- 📞 024 7667 1090
- 🌐 www.talkingtherapies.covwarkpt.nhs.uk
- 🌐 Neurodivergent people www.talkingtherapies.covwarkpt.nhs.uk/neurodivergent-people

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