

What will my Neurodevelopmental Assessment Look Like?

Autism Spectrum Disorder / Attention Deficit Hyperactivity Disorder



**Coventry and
Warwickshire Partnership
NHS Trust**



START

When you are accepted by the Adult Neurodevelopmental Team you will be added to the waiting list for an assessment.



You will receive questionnaires in the post to complete prior to your first appointment.

When you reach the top of the waiting list you will be allocated to an Adult Neurodevelopmental Team diagnostic clinician(s) and contacted with a date, time and location (face to face, virtually or 'Attend Anywhere') for your first appointment.



Autism Assessment

There are usually 4 appointments (normally around 2 hours each), with an Adult Neurodevelopmental Team diagnostic clinician(s);

First Appointment - Talk about the history of the referral, any concerns you have.

Second Appointment - Focus on the difficulties of Autism using the questionnaire answers.

Third Appointment - Discussing your childhood with a family member.

Feedback Appointment - Provide an outcome of the assessment and talk about the next steps.



ADHD Assessment

There are usually 3 appointments (normally around 2 hours each), with an Adult Neurodevelopmental Team diagnostic clinician(s);

First Appointment - Focus on general concerns and the influence of these on day-to-day life.

Second Appointment - Working through an ADHD focused assessment. If ADHD continues to be indicated after the first two appointments, then an appointment with a Psychiatrist will be requested.

Third Appointment - All information will be gathered and discussed with a Psychiatrist regarding an outcome and what treatment options are available.



**POST ASSESSMENT
RECOMMENDATIONS**

