



Professionals using **Dimensions** of Health and Well-being

SIGN UP ON THE WEBSITE TO SEE THE PROFESSIONAL VERSION

Local professionals can register to see more information. Sign up using your work email on the website and wait for our email.



You will receive an invitation to set your own password, then you can log in and use Dimensions immediately.

<https://dimensions.covwarkpt.nhs.uk>

MAKE YOUR RATING AND VIEW THE REPORT

You must be logged in to see the professional version of the report. A colour-coded report will be emailed to you automatically only if you click the SAVE button at the top of the report. If you rate all the Dimensions, you will be able to see information about NHS assessments.



The report has links to interventions available in the NHS and in other organisations. The NHS flyers explain what can be expected, including objectives, time commitment and number of sessions.

Selfcare information includes helplines, videos, apps and websites. You can print the report and give it to the person or they can use Dimensions themselves. They cannot see the intervention and assessment links and flyers, but they can get all the selfcare information.

REFERRALS



If an assessment or intervention in the NHS is suggested in the report, please make a referral using the usual forms on the CWPT websites. If you attach the Dimensions report, we can make a better clinical decision about the referral. For referrals outside the NHS, follow instructions on the flyers.



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